DISHES AND THEIR ALLERGEN CONTENT – Summer Term 2024 – Week 1

DISHES			Y.			Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk or Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Greek Meatballs in Sweet Pepper Sauce & Steamed Rice	1	Wheat							1					
Plant Mince Chilli & Rice														
Baked Potato with Cheese & Beans							1							
Pepperoni Pizza		V Wheat					1							
Cheese & Tomato Pizza		Wheat					1							
Roast Chicken & Gravy														
Yorkshire Pudding		Wheat		1			1							
Braised Plant Fillet														
Turkey Mince Bolognaise & Spaghetti		✔ Wheat												√
Vegetarian Shepherd's Pie														

Breaded Fish Fillet, Ketchup & Chips	Wheat		1				
Veg Nuggets, Ketchup & Chips	Wheat						
Broccoli Florets Sweetcorn Kernels Diced Sauté Potatoes Baked Beans Garden Peas							
Mashed Potato Savoy Cabbage Baton Carrots Whole Green Beans Steamed Cauliflower							
Coleslaw		1		 ✓ 			
Shortbread	Wheat			(Marg)			
Carrot Cake Tray Bake	Wheat	1		Marg/Milk			
Fruity Yoghurts				1			
Fresh Fruit Basket							

Review date:

03/06/24