

Subject Overview – PE

Year Group	Autumn		Spring		Summer	
Nursery	Physical Literacy					
Reception	Physical Literacy	Introduction to PE: Unit	Introduction to PE: Unit 2	Fundamentals: Unit 1	Dance: Unit 1	Ball Skills: Unit 1
Year 1	Outdoor and Adventurous Activities	Dance	Fitness	Gymnastics	Target Games	Athletics
	Team Building	Fundamentals	Ball Skills	Net and Wall	Sending and Receiving	Invasion
Year 2	Outdoor and Adventurous Activities	Dance	Fitness	Gymnastics	Target Games	Athletics
	Team Building	Fundamentals	Ball Skills	Net and Wall	Striking and Fielding	Invasion
Year 3	Outdoor and Adventurous Activities	Dance	Handball	Gymnastics	Tennis	Athletics
	Fundamentals	Ball Skills	Fitness	Basketball	Yoga	Rounders
Year 4	Outdoor and Adventurous Activities	Dance	Dodgeball	Gymnastics	Cricket	Athletics
	Swimming					
Year 5	Outdoor and Adventurous Activities	Dance	Hockey	Gymnastics	Football	Athletics
	Handball	Badminton	Yoga	Tag Rugby	Netball	Cricket
Year 6	Outdoor and Adventurous Activities	Dance	Hockey	Gymnastics	Volleyball	Athletics
	Dodgeball	Basketball	Fitness	Golf	Tennis	Rounders