DISHES AND THEIR ALLERGEN CONTENT – Summer Term 2024 – Week 2

| DISHES | | | | | | Lupin Flour | Milk | | MUSTARD | | | SISAMOR | | Boer |
|---|--------|---------------------------------|-------------|----------|----------|----------------|------------------|---------|---------|------|---------|-----------------|------|-----------------------------------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk or Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide (Sulphites) |
| Crispy Fish Goujon Roll & Sauté Potatoes | | Wheat | | | √ | | | | | | | | | ✓ |
| G/F Mac & Vegan Cheese Tray Bake | | | | | | | | | | | | | | |
| Baked Potato with Cheese & Beans | | | | | | | √ | | | | | | | |
| Beef Mince & Vegetable Pie | | Wheat | | | | | 1 | | | | | | | ✓ |
| Veggie Meatballs in gravy | | Wheat | | | | | | | | | | | | |
| Roast Chicken & Gravy | | | | | | | | | | | | | | |
| Yorkshire Pudding | | Wheat | | ✓ | | | ✓ | | | | | | | |
| Braised Plant Fillet | | | | | | | | | | | | | | |
| Grilled Sausage & Mash | | Wheat | | | | | | | | | | | | ✓ |
| Vegetable Lasagne | | Wheat | | | | | 1 | | | | | | | |

| Breaded Fish Fillet, Ketchup & Chips | Wheat | | ✓ | | | | | |
|---|-------|---|----------|----------|--|--|--|--|
| Veg Nuggets, Ketchup & Chips | Wheat | | | | | | | |
| Broccoli Florets Sweetcorn Kernels Diced Sauté Potatoes Baked Beans Garden Peas | | | | | | | | |
| New Potatoes Savoy Cabbage Baton Carrots Whole Green Beans Steamed Cauliflower | | | | | | | | |
| Coleslaw | | 1 | | ✓ | | | | |
| Banana Cake Tray Bake | Oats | ✓ | | (Marg) | | | | |
| Mini Jam Doughnuts | Wheat | | | | | | | |
| Fruity Yoghurts | | | | ✓ | | | | |
| Fresh Fruit Basket | | | | | | | | |

Review date:

03/06/24